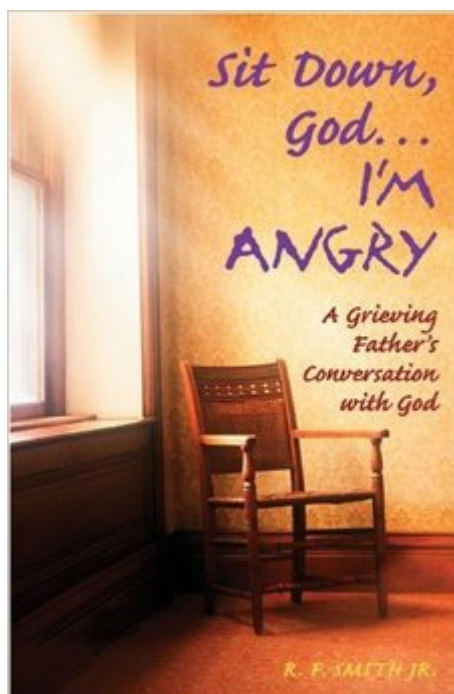


The book was found

Sit Down God... I'm Angry



Synopsis

A longtime pastor, Smith examines the death of his son and shares his pilgrimage to a place where he could live, work, and love again.

Book Information

Paperback: 155 pages

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (12 customer reviews)

Best Sellers Rank: #162,024 in Books (See Top 100 in Books) #6 in [Books > Christian Books & Bibles > Churches & Church Leadership > Ministry to the Sick & Bereaved](#) #208 in [Books > Christian Books & Bibles > Ministry & Evangelism > Counseling & Recovery](#) #284 in [Books > Self-Help > Death & Grief > Grief & Bereavement](#)

Customer Reviews

Since losing my daughter 2 years ago, I have read many, many books on the subject of grief. Dr. Smith's book is at the top of the list! He gave me the permission I needed to be angry at God..he let me know that that was okay, and that I was okay. He showed me in such a human way that he too felt as I did when he lost his son, and that the pain of losing a child never goes away, all we can do is hope to learn to live with it. I highly recommend this book to anyone who has lost a child, and also to those close to someone who has suffered this tragedy in their lives.

I am from Huntington, WV and I have met Dr. Smith, author of this book. It is a book for everyone, not just for those people who have lost a child. He assures parents who have lost a child that they will walk again, but always with a limp. If you have ever asked the question, "Why did God let this happen?", then read this book. A very spiritual book.....a true story written by a minister that all of a sudden found himself very angry with God....and how God gave him the strength to heal. But just as important, it is about the choices that a person must make in order to heal himself.

In Smith's book, he shares the story of his 17 year old son's death and his response to the death.

The book is gripping and emotional. Dr. Smith gives people permission to be angry with God and to express that anger. He makes anger over loss seem acceptable by showing that God was angry when Jesus died. Expressing anger to God is vital for healing and for keeping the relationship with God vibrant. The book outlines a few strategies for dealing with loss and for assisting those who are dealing with loss. I highly recommend this book to all pastors and counsellors. Those who have experienced a significant loss may also find the book helpful.

This is a wonderful book. I bought it for my mom for Christmas. She read it in 2 days then passed it on to me. I, too, read it in 2 days. It is a quick read with a phenomenal message. Reading about how the author dealt with his intense anger at God over the death of his son showed me that God is definitely big enough to handle all of our emotions. I would definitely recommend this book to anyone who is experiencing a tragic loss. And, although I, personally, have not suffered such a tragedy, I still found this an extremely helpful book in learning to trust GOD with ALL my feelings and finding my strength and comfort in Him.

Having lost our precious 18 yr old son Jacob who was a solid christian young man. And then to read this book I could have been reading about my own son! A Pastor writes this story and it is honest and so very accurate of the deep pain and anger at God that is so normal for any parent who suddenly loses a child. But to have a Pastor tell it makes it feel easier for me to say, " Yes, I am angry and I feel betrayed and where are you God? " God is a big God and can take our anger and can heal us and that is what this author reminds us, as he shares his vivid account of his own precious son.

The author not only relates his experiences as a parent but as a pastor also. The book is good to use as a gift to parents who have lost a child and also to a pastor, chaplain or other person who counsels those in times of grief.

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